

# a FONDLE pattern

## TWISTED COWL

 beginner    

For an experienced beginner knitter. Designed by Michelle Porter

### FINISHED MEASUREMENTS

Circumference (approx): 89 cm / 35 ins

Width (will vary depending on amount of yarn):  
15cm / 6 ins

### MATERIALS

- Approx 218 m / 238 yds of a worsted weight yarn.



Shown in a 100% alpaca yarn, 100 g / 3.5 oz per skein.

Suitable for any soft fibre of choice, provided the tension is correct.

- Circular needle 5 mm / US 8, 60 cm / 24 ins long

### TENSION

Approx 16 sts and 42 rows = 10 cm / 4 ins over ridged pattern. This is a loose tension.

### RIDGED PATTERN

Rounds 1 – 3: Knit.

Rounds 4 – 6: Purl.

Repeat rounds 1 to 6 to form pattern.

Begin cowl by casting on 140 sts. Join round **ensuring that there is** a twist in the circle.

Repeat rounds 1 to 6 of ridged pattern until only approx 3 m / 3 ¼ yds of yarn remain.

Cast off loosely. Sew in yarn ends and steam block if needed.

Wear it loose around neck and shoulders. Double it up around neck, or wear it wrapped around head and neck for an extra cold day.

